Organisations and resources for parents and carers

This sheet provides parents and carers with useful sources of advice and information, both for general online safety and in particular, for this year's Safer Internet Day theme of '**All fun and games? Exploring respect and relationships online.**' It also includes information on how to report online problems.

The UK Safer Internet Centre partnership:

UK Safer Internet Centre (UKSIC)
The UKSIC co-ordinates Safer Internet Day in the UK. Appointed by the European Commission, the UKSIC is made up of three partners: Childnet International, the South West Grid for Learning and the Internet Watch Foundation. We raise awareness about online safety, develop resources and organise nationwide events such as Safer Internet Day: **saferinternet.org.uk/parents**

Childnet
A non-profit organisation working to help make the internet a great and safe place for children. The Childnet website has lots of resources for young people, parents, carers and teachers. The Parents and Carers page contains a family agreement, advice on talking to your child about online issues and further places to go for help: **childnet.com**

Internet Watch Foundation (IWF)
The UK's hotline for anonymously reporting images and videos of child sexual abuse online. The IWF works in global partnership with the online industry, law enforcement, government and international partners. It is a charity with over 150 Members from the internet and tech industries: **iwf.org.uk**

South West Grid for Learning (SWGfL)
A not for profit, charitable trust dedicated to the advancement of education through the use of technology. Provides professionals, parents and children with advice, resources and support to use internet technologies safely to enhance learning and maximise potential: **swgfl.org.uk**
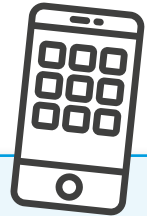
Safety tools and advice on specific games, apps and services

AskAboutGames
Advice and online guides about gaming and PEGI age ratings:
askaboutgames.com

Common Sense Media
Expert reviews, advice and age appropriate recommendations on games, apps, films and more: **commonsensemedia.org**
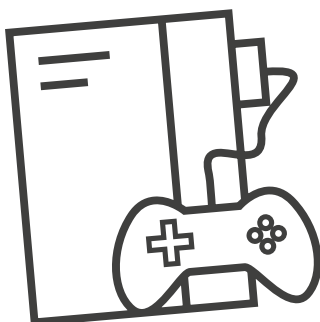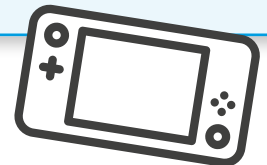
Family Gaming Database
Information presented for parents and carers to find games suitable for children, teenagers and young adults: **taminggaming.com**

Internet Matters
Support and advice across a range of online safety issues. Useful guides to setting parental controls: **internetmatters.org**

Organisations and resources for parents and carers

PARENTS AND CARERS

Exploring respect and relationships online

Safer Internet Day 2022 | UK Safer Internet Centre

General online safety information for parents and carers

UKSIC Advice Centre
Advice and articles for parents and carers (and other audiences) on a range of issues, as well as weekly blogs on emerging topics: **saferinternet.org.uk/advice-centre**

Childnet's Parent and Carer Toolkit
Advice for parents and carers on how to talk with their child about staying happy, positive and safe when online: **childnet.com/parents-toolkit**

Childnet's Key Topics
Advice for parents and carers for supporting children of different ages with a range of key online safety topics: **childnet.com/parents-and-carers**

Information and Advice for Foster Carers/Adoptive Parents
Free, printable leaflets with top tips and conversation starters to help foster carers and adoptive parents support their child to use the internet safely: **saferinternet.org.uk/fostering-adoption**.

TALK Campaign by IWF
Young people are increasingly being contacted in their own homes on online platforms and apps and asked for sexual pictures and videos, while their parents and carers believe they are safe. Make sure your home doesn't have an open door to child sexual abusers: **talk.iwf.org.uk**

BBC Own It
Articles, videos and advice written to help young people be the boss of their online lives. Some content available for parents and carers, and lots to share with your child: **bbc.com/ownit**

ThinkUKnow
Delivered by NCA-CEOP, this site contains information for children and parents, as well as a link for children to report sexual abuse or grooming online: **thinkuknow.co.uk**.

Organisations and resources for parents and carers

PARENTS AND CARERS

#SaferInternetDay
www.saferinternetday.org.uk

ALL FUN AND GAMES ?

♥ Exploring respect and relationships online

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Where to report and get help

UK Safer Internet Centre – Need help?
Advice on what to do if a child comes to you for help and how to report online concerns such as cyberbullying, inappropriate content or illegal behaviour: **saferinternet.org.uk/need-help**

Report Harmful Content
Provided by SWGfL on behalf of the UKSIC. Gives advice on how to report online problems, offers help in removing harmful content from platforms and supports with reports that need to be escalated: **reportharmfulcontent.com**

Internet Watch Foundation (IWF)
The UK's hotline for anonymously reporting images and videos of child sexual abuse online. Images or videos confirmed as breaking UK law will be reported to global partners for removal from the internet: **iwf.org.uk**

Report Remove Tool from Childline and IWF
It can be scary finding out a nude image or video of you has been shared online. But there is help available. Report Remove may be able to help under 18s get it removed. Search 'Report Remove Childline' for more info.

Child Exploitation and Online Protection (CEOP)
A police agency tackling child sexual abuse and grooming online. Adults and young people can make reports of grooming or child sexual abuse online at: **ceop.police.uk**

NSPCC helpline
The NSPCC provides a helpline for all adults to answer questions or address concerns about protecting children offline and online. Call on: 0808 800 5000 or visit: **nspcc.org.uk/report**

The NSPCC also provides the Childline helpline. Children can talk to someone for advice and support at any time by contacting 0800 1111 or chatting to a counsellor online at **childline.org.uk**

Young Minds
A UK charity committed to improving the wellbeing and mental health of children and young people. They offer a free confidential helpline for parents on 0808 802 5544. Information and advice for young people and adults can be found at: **youngminds.org.uk**